

Bullion Lane Primary School



PSHE Policy

The Curriculum Policy for Personal, Social, Health and Economic Education

Introduction

All pupils are entitled to a broad and balanced curriculum regardless of race, gender, religion or ability.

PSHE is a non-statutory subject within the National Curriculum. However, here at Bullion Lane Primary School we are committed to the development of the whole child and as a consequence we place Personal, Social, Health and Economic Education (PSHE) and Relationships and Sex Education (RSE) at the heart of all that we do. We recognise that schools support pupils to develop in many aspects of life, and the responsibility of preparing pupils for their adult lives is one that Bullion Lane Primary School takes pride in, and assumes with integrity and purpose.

This policy outlines the Intent, Implementation and Impact of how PSHE is taught in our school. The PSHE Policy should be read in conjunction with the following policies: RSE, SEND and Safeguarding.

The Implementation of this policy is the responsibility of all teaching staff.

The school policy for PSHE reflects the consensus of opinion of the whole teaching staff and has the full agreement of the Governing Body.

Intent

Through our curriculum, our school environment, our school ethos and the strength of our relationships, we strive to promote pupils' self-esteem and emotional and physical well-being and help them to form and maintain worthwhile and satisfying relationships, based on RESPECT for themselves and for others, at home, at school, at work and in the community.

Through our curriculum we want our pupils to know and understand what constitutes a healthy lifestyle and develop a growing awareness of a broad range of safety issues.

Pupil voice lies at the heart of our school and the curriculum and opportunities we offer our pupils mean that pupils grow into independent, active and responsible members of our school community playing an active part in decision making.

In order to flourish, thrive and develop into happy adults who contribute effectively to society, pupils at Bullion Lane Primary School develop their personalities and behaviour through the specific focus on important values that enable them to reflect, learn, behave with integrity and work consistently well with others. With these skills, combined with the development of responsibility and resilience, pupils are then able to draw upon their understanding in order to engage and excel in the ever-changing world in which they live both now and in the future.

Implementation

At Bullion Lane Primary School, the emphasis placed on both PSHE and RSE blends seamlessly into everyday school life in order to maximise the impact of acquiring essential knowledge. Using a combination of the following ensures that all elements of the PSHE framework receive appropriate focus and emphasis:

PSHE Framework: Bullion Lane School's bespoke PSHE Framework was written in conjunction with all school stakeholders, and encompasses the key themes of:

- Relationships: Identity and Diversity, Positive Relationships (including Relationships and Sex Education and Consent and Permission), Good Manners, Transition, Communication, Kindness and Humility (including Anti Bullying), Empathy, Compassion and Forgiveness
- Health and Wellbeing: Healthy Me (sleep, diet, exercise), Understanding and Managing Emotions, Positive Mindset and Self Reflection), Bereavement and Loss
- Living inThe Wider World: Rules, Respect, Citizenship and Democracy, Keeping Safe, Developing Independence and Self-Help skills

PSHE Scheme of Work: During weekly timetabled lessons, using a combination of the PSHE/RSE Frameworks, the following topics are taught in a systematic and progressive manner:

- Families and People Who Care For Me
 - Caring Friendships o Respectful Friendships
 - Online Relationships
 - Being Safe
 - Mental Wellbeing
 - Internet Safety and Harm
 - Physical Health and Fitness
 - Healthy Eating
 - Drugs, Alcohol and Tobacco
 - Health and Prevention
 - Basic First Aid
 - Changing Adolescent Body
- **School Council:** The School Council at Bullion Lane Primary School is made up of pupils from Year Groups 2-6. The pupils are selected through a democratic process where the pupils put themselves forward as candidates and are then voted for by their peers. The School Council is a vehicle for pupil voice and provides a platform where this can be expressed in a meaningful and structured way to ensure that the opinions, views and ideas of all pupils can have an impact on decisions made in school. The school Council also help with fund-raising activities in school.
- **Positions of Responsibility:** At the start of each academic year pupils are encouraged to apply for the many roles and responsibilities on offer. Pupils in Year 6

are encouraged to apply for the important Leadership positions of House Captains and Playground Leaders. Children from Year 6 also help on a rota basis in the dinner hall at lunchtimes. Pupils from other year groups are encouraged to apply for a wide range of opportunities E.g. Librarians, E-Safety reps, gardeners, sports' leaders

- **Circle Time:** Inspired by the work of Jenny Mosley this is used as required to explore issues that arise from the pupils' behaviour or use of the class 'Worry Box'. Behavioural expectations within Circle Time are embedded, facilitating respectful discussion and challenge, taking into consideration opinions and experiences of others in a safe environment.

- **Discuss with Gus:** Used as a discrete means of pupils informing our pupil support worker that they need some individual time to focus on a particular problem. Children then have access to some individual time with her to address their issues.

- **External Agency Provision:** Year 3 pupils access the Road Safety programme Year 5 pupils access a Safety Zone Visit led by the Fire Service. Year 6 pupils access Safety Carousel. School Nurse and Dentist visit Year 6 and Year 3. Transition links with local secondary school include visits for children in Year 4,5 and 6. NSPCC delivers assemblies to the whole school and workshops to Year 6. Bike-ability programme is delivered to Year 6 children.

Whole School Curriculum Themed Days/Weeks:

- Anti- Bullying
- E-Safety
- Multi-cultural
- Sports Week
- Mental Health

Extended Curriculum Opportunities

At Bullion Lane Primary School we recognise that the development of the whole child does not stop at 3.00 pm. Through the provision of a wide range of after school clubs, pupils are given the opportunity to develop their personal interests, based on the acquisition of knowledge and skills, in a safe environment.

The following extra curriculum opportunities further extend pupils' learning of the wider world and relevant issues that focus the pupils' beyond their primary education.

- **Raising Aspirations** Speakers from different walks of life providing children with information about the various employment sectors and the different types of careers within these.
- **Charity Work.** At Bullion Lane children are encouraged to think of others less fortunate than themselves. Children raise money for a variety of charities throughout the school year – MacMillan, Poppy appeal, Children in Need, Comic Relief

Impact

Pupils at Bullion Lane Primary School are confident, polite and considerate to both those familiar to them and those who are not. They have a sound understanding of the meaning and importance of our school values and the essential requirements for effective communication and the development of positive relationships; they leave us well equipped to successfully embrace and enjoy secondary education with a very real view of being an effective and happy contributor in today's world.

This policy will be reviewed every 2 years

Next review date: February 2024