

Bullion Lane Primary School
R/PSHE Curriculum – Cycle A

	Autumn	Spring	Summer
Nursery	<p>PSED</p> <ul style="list-style-type: none"> Select and use activities and resources, with help when needed. Become more outgoing with unfamiliar people, in the safe context of their setting. Show more confidence in new social situations. Play with one or more other children, extending and elaborating play ideas. <p>Understand of the World</p> <ul style="list-style-type: none"> Use all senses in hands on exploration of natural materials. Talk about what they see, using a wide vocabulary Begin to understand the need to respect and care for the natural environment Talk about what they see, using a wide vocabulary 	<p>PSED</p> <ul style="list-style-type: none"> Talk about their feelings using words like ‘happy’, ‘sad’, ‘angry’ or ‘worried’. Begin to understand how others might be feeling. Increasingly follow rules, understanding why they are important. Do not always need an adult to remind them of a rule. <p>Understand of the World</p> <ul style="list-style-type: none"> Make healthy choices about food, drink, activity and toothbrushing. Explore how things work Begin to understand the key features of a plant and animal’s life cycle. 	<p>PSED</p> <ul style="list-style-type: none"> Help to find solutions to conflicts. Develop appropriate ways of being assertive. Talk with others to solve conflicts. Develop their sense of responsibility and membership of a community. <p>Understand of the World</p> <ul style="list-style-type: none"> Plant seeds and care or growing plants Understand ‘why’ questions like “why do you think the caterpillar got so fat?”
Reception	<p>PSED</p> <ul style="list-style-type: none"> See themselves as a valuable individual. Build constructive and respectful relationships. Identify and moderate their own feelings socially and emotionally. <p>Understanding the World</p> <ul style="list-style-type: none"> Talk about members of their immediate family and community. Name and describe people who are familiar to them. Recognise that people have different beliefs and celebrate special times in different ways. 	<p>PSED</p> <ul style="list-style-type: none"> Show resilience and perseverance in the face of challenge. Express their feelings and consider the feelings of others. Think about the perspectives of others. <p>Understanding the World</p> <ul style="list-style-type: none"> Understand that some places are special to members of their community. Explore the natural world around them. Recognise some environments that are different to the one in which they live. 	<p>PSED</p> <p>ELG: Self-Regulation Show an understanding of their own feelings and those of others, and begin to regulate their behaviour. Work towards simple goals, being able to wait for what they want and control their immediate impulses.</p> <p>ELG: Managing Self Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. Explain the reasons for rules, know right from wrong and try to behave accordingly. Manage their own basic hygiene and personal needs.</p> <p>ELG: Building Relationships Work and play cooperatively and take turns with others. Form positive attachments to adults and friendships with peers. Show sensitivity to their own and to others’ needs</p>

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1/2	<u>Families and Friendships –</u> <u>Who is special to us?</u>	<u>Respecting Ourselves and Others –</u> <u>How does my behaviour impact others?</u>	<u>Growing and Changing –</u> <u>What is the same and different about us?</u>	<u>Belonging to a Community –</u> <u>How can we look after each other and the world?</u>	<u>Physical Health and Mental Wellbeing –</u> <u>How can I stay healthy?</u>	<u>Safe Relationships –</u> <u>How can I keep myself safe?</u>
Year 3/4	<u>Families and Friendships –</u> <u>What are families like?</u>	<u>Physical Health and Mental Wellbeing –</u> <u>How can we manage our feelings?</u>	<u>Safe Relationships –</u> <u>How can we be a good friend?</u>	<u>Growing and Changing –</u> <u>What makes a person’s identity?</u>	<u>Respecting Ourselves and Others –</u> <u>How do we treat each other with respect?</u>	<u>Keeping Safe –</u> <u>How can we manage risk in different places?</u>
Year 4/5	<u>Drugs, Alcohol and Tobacco –</u> <u>What are drugs?</u>	<u>Shared Responsibilities =</u> <u>Why do we have rules?</u>	<u>Economic Wellbeing: Money –</u> <u>How can I handle money?</u>	<u>Safe Relationships –</u> <u>How can I develop safe relationships?</u>	<u>Respecting Ourselves and Others –</u> <u>How can we show respect to one another?</u>	<u>Economic Well Being: Aspirations, Work and Careers –</u> <u>What is a career?</u>
Year 5/6	<u>Families and Friendships –</u> <u>How do friendships change as we grow?</u>	<u>Physical Health and Mental Wellbeing –</u> <u>How can I keep my body and mind healthy?</u>	<u>Safe Relationships –</u> <u>How can I keep myself safe?</u>	<u>Growing and Changing –</u> <u>How can we help in an accident or emergency?</u>	<u>Respecting Ourselves and Others –</u> <u>How can I respect myself and others?</u>	<u>Belonging to a Community –</u> <u>How can our choices make a difference to others and the environment?</u>