

AUTUMN/ WINTER 2026

FRESH!

NUTRITIOUS

SCHOOL NAME

MEALS AT A GLANCE

We believe school meals should be nutritious, varied and enjoyable - helping every child feel fuelled, focused and ready to learn.

Nutritious and Balanced

- ✓ Our Autumn/Winter menu provides balanced, tasty and nutritious meals for pupils
- ✓ Meals are carefully balanced with carbohydrates, protein and healthy fats to support wellbeing
- ✓ Menus offer variety, colour and familiar seasonal dishes that appeal to pupils

Fresh and Varied

- ✓ Fresh fruit and vegetables are available daily to encourage nutrient dense plates
- ✓ A wide variety of colourful vegetables are offered each week including seasonal choices where possible

Standards You Can Trust

- ✓ All Menus are developed in line with the School Food Standards
- ✓ No Food Standards Agency (FSA) prohibited additives are used in our meals
- ✓ Meat dishes meet Government Buying Standards (GBS) requirements
- ✓ Oily Fish is included in accordance with the School Food Standards

Something for Everyone

- ✓ Vegetarian options are available every day with plant-based dishes featured across the menu cycle
- ✓ Allergy Aware and bespoke menus are available to support pupils with specific dietary needs

Healthier Choices

- ✓ Wholegrain carbohydrate options are regular included, such as, wholemeal bread, wholegrain rice and wholewheat pasta
- ✓ Ingredients and recipes meet, or are below, Public Health England targets for sugar and salt

TASTY

FRUITY!

FRESH!

NUTRITIOUS

TASTY

HOT DISHES



MESSY



2/11/2026, 23/11/2026, 14/12/2026,
18/01/2027, 08/02/2027, 08/03/2027

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Cheese and Tomato Pizza with Potato Wedges / Pasta  	Sausage Burger with Corn on the Cob 	Roast Chicken, Yorkshire Pudding Stuffing, New Potatoes and Gravy 	Mince and Onion Pie with Mashed Potato 	Fish Fingers with Chips 
OPTION 2	Messy Spaghetti  	Veggie Burger with Corn on the Cob 	Roast Quorn, Stuffing, New Potatoes & Gravy  	BBQ Veggie Wrap with Wholegrain Rice   	Quorn Dippers with Chips 
OPTION 3	Tomato Pasta  	Tomato Pasta   	Tomato Pasta  	Tomato Pasta  	Tomato Pasta  
ALL DISHES ARE SERVED WITH CRUNCHY VEGETABLES AND / OR FRESH SALAD					
VEG	Sweetcorn Salad Bar 	Coleslaw Big Bowl Salad 	Broccoli Carrots 	Carrots Sweetcorn 	Garden Peas Baked Beans 
DESSERT	Ice Cream	Ginger Biscuit with Fruit  	Jam Slice with Custard 	Flapjack 	Fruit 

AVAILABLE DAILY

 **BAKED POTATOES**
with a Choice of Toppings  

 **FRESH FRUIT, FRESHLY BAKED BREAD, YOGHURT AND WATER**

 **PANINIS**
A variety of hot paninis

 Vegetarian  Wholegrain  Nutritionist's Choice  Oily Fish (Salmon)  Fruity  Vegan

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

FRUITY!



WEEK 1
WEEK 2
WEEK 3

**AUTUMN/
WINTER
2026**

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NUTRITIOUS

HOT DISHES

TASTY

**OPTION
1**

BBQ Cheese Pizza
with Potato Wedges /
Pasta



**OPTION
2**

Macaroni Cheese



**OPTION
3**

Tomato Pasta



TUESDAY

Beef Burger in a Bun
with Corn on the Cob

Veggie Salsa Burger
with Corn on the Cob



WEDNESDAY

Roast Pork, Yorkshire
Pudding, New
Potatoes & Gravy



Roast Quorn,
Yorkshire Pudding,
New Potatoes & Gravy



THURSDAY

Butter Chicken Curry
with Wholegrain Rice
& Naan Bread



Bean Pasta Bake



FRIDAY

Fish Fingers with
Chips

Quorn Dippers with
Chips



ALL DISHES ARE SERVED WITH CRUNCHY VEGETABLES AND / OR FRESH SALAD

VEG

Sweetcorn
Salad Bar



Salad Bar
Coleslaw



Broccoli
Carrots



Sweetcorn
Green Beans



Garden Peas
Baked Beans



DESSERT

Ice Cream

Chocolate Cookie
with Fruit



Raspberry Yoghurt
Cake with Custard

Vanilla Crunch



Fruit



**AVAILABLE
DAILY**



BAKED POTATOES
with a Choice of Toppings



**FRESH FRUIT, FRESHLY BAKED
BREAD, YOGHURT AND WATER**



PANINIS
A variety of hot paninis

Vegetarian Wholegrain Nutritionist's Choice Oily Fish (Salmon) Fruity Vegan

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FRUITY!

WEEK 1
WEEK 2
WEEK 3

09/11/2026, 30/11/2026, 04/01/2027,
25/01/2027, 22/02/2027, 15/03/2027

**AUTUMN/
WINTER
2026**

FRESH!

NUTRITIOUS

TASTY

HOT DISHES



PARMO

DESSERT

**OPTION
1**

Cheese and Tomato
Pizza with Potato
Wedges / Pasta

**OPTION
2**

Creamy Pasta



**OPTION
3**

Tomato Pasta



TUESDAY

THEME DAY
Chicken Parmo with
Tomato Spaghetti

Chinese Vegetable
Rice



Tomato Pasta



WEDNESDAY

Roast Gammon,
Yorkshire Pudding,
New Potatoes & Gravy

Roast Quorn,
Yorkshire Pudding,
New Potatoes & Gravy



Tomato Pasta



THURSDAY

Sausage Roll with
Baked Beans & Potato
Wedges

BBQ Fillet with
Wholegrain Rice



Tomato Pasta



FRIDAY

Fish Fingers with
Chips

Quorn Dippers with
Chips



Tomato Pasta



ALL DISHES ARE SERVED WITH CRUNCHY VEGETABLES AND / OR FRESH SALAD

VEG

Garden Peas
Salad Bar



Sweetcorn
Big Bowl Salad



Broccoli
Carrots



Salad Bar
Sweetcorn



Garden Peas
Baked Beans



Ice Cream

Custard Cookie with
Fruit



Syrup Sponge with
Custard

Chocolate Crunch

Fruit



**AVAILABLE
DAILY**



BAKED POTATOES
with a Choice of Toppings



**FRESH FRUIT, FRESHLY BAKED
BREAD, YOGHURT AND WATER**



PANINIS
A variety of hot paninis

Vegetarian Wholegrain Nutritionist's Choice Oily Fish (Salmon) Fruity Vegan

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FRUITY!

**WEEK 1
WEEK 2
WEEK 3**

16/11/2026, 07/12/2026, 11/01/2027,
01/02/2027, 01/03/2027, 22/03/2027

